

**Dear 1st Communion family -**

**The following pages contain the list of prayers the students need to memorize before making the Sacrament of Reconciliation.**

**Please make every effort to have your child at CCD and Mass each week as we only have so many weeks to prepare the students for the Sacraments of Reconciliation and Holy Eucharist.**

**Feel free to contact your Director of Religious Education or Father Quentin directly if you have any further questions or concerns.**

**Thank you and God bless your family!**

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### **Sign of the Cross**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

(Said at the beginning and end of prayers.)

### **Glory Be**

Glory to the Father,  
and to the Son,  
and to the Holy Spirit;  
as it was in the beginning, is now,  
and will be forever.  
Amen.

## **Our Father**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## **Hail Mary**

Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

## **Prayer to Your Guardian Angel**

Angel of God,  
my guardian dear,  
to whom his love commits me here,  
ever this day (night) be at my side,  
to light and guard,  
to rule and guide.  
Amen.

### **Grace Before Meals**

Bless us, O Lord,  
and these thy gifts,  
which we are about to receive from thy bounty,  
through Christ, our Lord.  
Amen.

### **Thanksgiving After Meals**

We give thanks for all your benefits,  
almighty God,  
who lives and reigns forever.  
May the souls of the faithful departed,  
through the mercy of God,  
rest in peace.  
Amen.

(Spontaneous prayers may also be used at mealtime.)

### **Act of Contrition**

My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against you whom I should love above all things.  
I firmly intend, with your help, to do penance,  
to sin no more, and to avoid whatever leads me to sin.  
Our Savior Jesus Christ suffered and died for us.  
In his name, my God, have mercy.  
Amen.